



# Insurance Declaration Guide

**Only PT Contractors and individuals buying insurance in addition to their registration need to complete this form.** If it has been included in your registration pack this means that you had insurance last year.

If you are registering at the “Personal Trainer (contractor)” level then complete this form in full. Leaving blanks could lead to any insurance claim you make being declined.

It is important to disclose everything 100% honestly. For the “activities” question, activities that are acceptable, and will be insured for if listed, include: Personal Training, Aerobics, Massage, Sports Coaching and Physiotherapy. This insurance is for an individual (not a business employing staff).