

# Motivational Secrets

For PTs and Instructors

- Understanding your clients
- Effective & compelling communication
- Powerful coaching skills
- Motivational strategies you can start using immediately

This workshop will give you the understanding, confidence and tools you need to engage and motivate your clients. If not satisfied we will refund your fee.

*"This seminar fills in the gaps for PTs who want to be awesome! I'd recommend it wholeheartedly"*

B McSweeney - CATCH Seminar Director and PT

2008 Dates	
Auckland	April 1st, July 1st
Hamilton	May 14th
Wellington	May 22nd
Christchurch	June 19th
Dunedin	June 26th
Hours: 9-4pm Workshop fee: \$125 + gst	
Book at: <a href="http://www.netfit.co.nz/training">www.netfit.co.nz/training</a> or email <a href="mailto:kris.tynan@xtra.co.nz">kris.tynan@xtra.co.nz</a>	



Presenter: Kris Tynan specialises in motivation and customer service in the fitness industry. She has presented at IHRSA (US), Filex (Aus) and Fit Pro Business (UK) as well as here in NZ. She is a certified NLP practitioner and PT trainer.

**BREAKING BARRIERS**

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Carries 10  
REPS CECs

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