



Need to contact REPs?

[Click Here](#) to email us if you have any enquiries or you can also contact us by either post, phone or fax:

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Christchurch 8142

Phone 0800-55-44-99
Fax 0800-248-348
International Ph
+64-3-373-6391
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+64-3-373-6398

Need to earn CECs?

[Click here](#) to view a full list of REPs registered Ongoing Education courses

[FMA Strength Training Level 1 Millenium Institute, North Shore 4th-6th March 2011](#)

[CHEK Exercise Coach, Venue TBA Auckland, 14th-18th April 2011](#)

[CHEK Practitioner Level 1, Venue TBA Auckland, 23rd-27 April 2011](#)

[CHEK Holistic Lifestyle Coach L1, Albany Lodge, North Shore, 2nd-4th December 2011](#)

REPs Earthquake Update - Tuesday 1 March 2011

- **Looking Forward**
- **Office Operating**
- **Personal Trainers and Group Fitness Contractors in Christchurch - Support**
- **A Copy of Our First Update Issued Last Week**

As you will all know by now, on Tuesday 22nd February 2011 there was a major earthquake in Christchurch, resulting in significant damage to much of the eastern side of city and CBD. The earthquake epicentre was only a few kilometres from our office.

Our thoughts continue to go to those who were less fortunate and have lost family or friends in this tragic event. At times like this it's a reminder about what's really important in life – people. In our case we have been very fortunate, and we only lost 'things'.

The REPs/FitnessNZ office is on the east side of Christchurch, near Ferrymead, so sustained significant damage to contents, but no major structural damage. We were unable to use the offices until Monday 28th February, and are still doing so on a somewhat limited basis (there is no water or sewerage). It's clear that rebuilding from this event will take Christchurch some time, and it will likely be several months before there is any return to normality in our day to day lives. We are unable to access any inbound postal services (our PO Box is in the CBD), so any written communication will be slow for many weeks to come.

Looking forward

Firstly, to exercise professionals in Christchurch, we are working closely with Fitness New Zealand to support facilities which have been affected by the earthquake, and to support them to get back up and running again.

We are working on ways to support both exercise professionals and facilities in Christchurch to keep operating with a major emphasis on the coming weeks ahead.

Fitness New Zealand/REPs have been making contact with all of the facilities in the Christchurch area, and there is a high level of support from all in the industry.

By working together, we will get through these very challenging times and we are here to support you in any way we can!

Office Operating

We are open, but would ask that you understand that accessing information and files may take longer than normal. Especially during March, we would ask that phone calls to the office are kept to a minimum, and that email is the primary source of communication. You can contact us via:

- General enquiries: info@reps.org.nz
- Registration Co-Ordinator (for registration related matters) - Charlie Beagle: charlie@reps.org.nz
- Registrar (for any policy matters) - Stephen Gacsal: stephen@reps.org.nz

Personal Trainers and Group Fitness Contractors in Christchurch - Support

Christchurch Fitness Facilities

For Personal Trainers based in Christchurch, we are currently working with Fitness New Zealand and exploring options for temporary access of facilities for you and your clients. Fitness New Zealand is currently in contact with its Christchurch based members, and we will come back to you with a further update very soon.

Government Earthquake Financial Support Package

The government has set up a support package which includes financial assistance of \$500 per week for full time self employed contractors and \$300 per week for part time. **This will include personal trainer and group fitness contractors** (This does not include people who are employees).

If you are a **self employed** personal trainer contractor (or a **self employed** group fitness instructor), and you are unable to operate due to the earthquake, and your business has been significantly impacted, then you are eligible to apply for this support package online.

To access the online form to access the support package, please click here.

https://services.workandincome.govt.nz/ess/trader_applications/new

The link to the government media release on the package can be viewed by clicking here:

<http://www.msd.govt.nz/about-msd-and-our-work/newsroom/media-releases/2011/millions-for-christchurch-quake-employment-support.html>

Need Any Help With Photocopying Communications For Your Clients?

Our office photocopier is up and running, and you are welcome to make use of this to photocopy letters to send to your clients. Feel free to call our office directly on 0800 55 44 99 for help.

Please Help Us to Get a Better Feel of the Situation

So that we can have a better picture of the number of personal trainers who are affected by the earthquake, could you please answer the questions by [clicking here](#). This will only take a few seconds to complete and this information will be extremely valuable to ascertain the levels of support needed.

A Copy of Our First Update Issued Last Week

To see a copy of our first update on the Christchurch Earthquake, please [click here](#)

A special thank you again to all those that have taken the time to text, email or contact us to check on our safety and to offer support – this is very much appreciated, and I know it means a lot to the staff here too.

Rest assured, we intend to be fully up and running again as quickly as possible and it is our intention to continue to function from today onwards, albeit in a somewhat limited way at times.

Thank you for your understanding and our best wishes and thoughts to all who have been affected.

Stephen Gacsal and the REPs team