

How to find a Registered Exercise Facility or Professional near you

160+
Facilities

2000+
Registered Professionals

With over 160 Registered Exercise Facilities and 2000 Registered Exercise Professionals throughout New Zealand, it is easy to find exercise advice and support near to you.

To find a REPs Registered Exercise Facility or professional near to you, please visit the REPs website at www.reps.org.nz or call 0800 55 44 99

Don't accept anything less than the best. ONLY use a REPs Registered Exercise Professional.

For a list of facilities and exercise professionals near you, please go to our website: www.reps.org.nz
Or call us on: 0800 55 44 99

Looking to work as an exercise professional?

Your first step to becoming an exercise professional is to complete a course that is registered with REPs. Completing a REPs Registered Education Provider's course is your streamlined pathway to registration. For a full list of courses registered with REPs, please go to our website www.reps.org.nz.

How to Contact REPs

New Zealand Register of Exercise Professionals
PO Box 22374 Christchurch 8142
Ph: 0800 55 44 99 Fax: 0800 248 348
Website: www.reps.org.nz
Email: info@reps.org.nz

REPs is recognised by Skills Active Aotearoa –The government recognised skill standards and qualifications setter for the fitness industry



On-Job Qualifications for Active Careers

REPs is a member of



Endorsed by



How to get world class exercise advice

Right here in New Zealand from REPs Registered Exercise Professionals and Facilities



What is the NZ Register of Exercise Professionals (REPs)?

An **independent** non profit organisation administering a **registration** system to ensure that the New Zealand public receive **safe and effective** exercise advice.



REPs purpose

To set standards for exercise professionals (such as gym instructors, personal trainers, group exercise instructors) and facilities (fitness centres, gyms, personal training studios etc) in New Zealand.

Strict standards to protect the public

You can be assured that all exercise professionals and facilities registered with REPs meet the New Zealand and international standards to deliver safe and effective exercise advice.

REPs also registers courses run by education providers (such as polytechnics and universities) to ensure they teach the relevant skills and competencies to operate as an exercise professional.

World class standards

With NZ REPs registration recognised in over 35 other countries, our registrations are truly world class! REPs is a founding member of ICREPs (the International Confederation of Registers for Exercise Professionals). ICREPs ensures that international best practice in exercise prescription is delivered in its member countries.

Recognised standard

REPs is recognised as 'the' registration body for exercise professionals by various organisations including FitnessNZ, Skills Active ITO, Sport and Exercise Science NZ.

Using REPs Registered Exercise Professionals is the "Warrant of Fitness Check" that an exercise professional and facility meets the New Zealand and international standard for exercise delivery.

What is a REPs Registered Exercise Professional?

Individuals who are appropriately **qualified** to deliver exercise advice. They are committed to ongoing **professional development** and follow a strict **Code of Ethics**.



Qualified and experienced

Your exercise professional is qualified and experienced to deliver exercise advice to a particular registration level (the levels recognise the skills required for particular occupational roles).

Using REPs Registered Exercise Professionals takes away the guesswork and risk when choosing an exercise professional.

Ongoing professional development

In addition to maintaining registration, exercise professionals must continually up skill and keep up-to-date with the latest research and trends.

Code of Ethics

To protect the public, all Registered Exercise Professionals are bound by a code of ethical practice, that covers professional standards and conduct. There is also a complaints process to deal with any breaches of the code.

Look for the REPs certificate of registration

All REPs Registered Exercise Professionals hold a distinctive certificate of registration which makes them easy to identify.

You can find a list of registered exercise professionals near you at www.reps.org.nz or by calling REPs on 0800 55 44 99

In the same way that you would use any other registered health professional, using REPs Registered Exercise Professionals is the recommended way to ensure your exercise advice is both safe and effective.



What is a REPs Registered Exercise Facility?

All exercise professionals operating at these facilities are **REPs registered** and the facility adheres to the industry **Code of Ethics**.

The safest place to find REPs Registered Exercise Professionals

REPs has made it easy for the public to find Registered Exercise Professionals by also registering exercise facilities.

Registered exercise facilities only use Registered Exercise Professionals, so you are assured that every exercise professional at the facility is REPs registered and at the appropriate level.

Industry Code of Ethics to protect the public

REPs Registered Exercise Facilities are bound by the Fitness New Zealand industry code of ethics, which offers additional protection to the public.

Finding a REPs Registered Exercise Facility

Use our online directory of Registered Exercise Facilities at our website www.reps.org.nz. Also look for the REPs signage, logo and certificate of registration when visiting the facility.

You can find a list of facilities near you at www.reps.org.nz or by calling REPs on 0800 55 44 99

*Our advice to the public is simple –
Don't settle for anything less;
Only use REPs Registered Exercise Facilities.*



The Quality Mark of Exercise Professionals

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