



## **Meet the Fitness & Exercise Industries' Best Professionals and Facilities**

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**FROM: The New Zealand Register of Exercise Professionals (REPs)**

On Saturday November 23<sup>rd</sup>, it's time for the fitness industry to celebrate its achievements and its people with **The New Zealand Fitness Industry Awards** night.

The fitness industry awards have been running annually since 2005 and recognise excellence in exercise professionals and facilities, as well as awards for community contribution and support. It's a chance for clubs and individuals who positively contribute to the health and wellbeing of New Zealanders to get recognition from their peers for their effort.

After careful consideration from the judging panel, made up of world class leaders in the industry, the finalists for the 2013 have been announced. These include professionals coming from all over the country, from large facilities, small studios, and those who work independently. The overall effort these finalists have made during their careers has made New Zealand a healthier fitter place to live, and there is no doubt these trainers and facilities change lives.

The standard for the awards is high, with categories including 'Club of the Year' and 'Personal Trainer of the Year'. The categories also honour those who work in less high profile areas such as the 'Up and Coming Student of the Year' and the 'Community Award'.

Past category winners have included internationally recognised trainers Jean Scott and Mish McCormack who both recently traveled to London as part of the 'Life Fitness Personal Trainers to Watch' competition, making it to the top ten out of 1500 of the top personal trainers from all over the world. Les Mills Christchurch, a club that overcame many challenges, was last year's Supreme Club of the Year award as New Zealand's first 'GREEN' fitness club, and awarded the 'Envirochoice Tick'.

Every year the country's best trainers and clubs enter the New Zealand Fitness Awards, with finalists having to go through some robust verification criteria in order to be eligible to win an award.

All entrants must be registered with the NZ Register of Exercise Professionals (REPs), as this is the recognised standard to ensure safe and effective exercise advice. REPs is recognised internationally as THE standard for exercise professionals and facilities in New Zealand.

The awards evening is held on November 23<sup>rd</sup> in Auckland, the same weekend as the annual FitEx exercise industry conference, making it one of the most inspiring and exciting weekends on the fitness calendar.

To check out if you know any of this year's finalists, head to the webpage. We hope you will join us in wishing all the finalists the best of luck.

Check out all the finalists here <http://www.fitnessindustryawards.co.nz/2013-finalists/>  
Is your club or trainer on the list?

#### **Contact Details:**

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#### **Who is the NZ Register of Exercise Professionals (REPs)?**

REPs is an independent non profit organisation administrating the New Zealand exercise professionals register to ensure that the public receive safe and effective exercise advice.

Using REPs Registered Exercise Professionals is the "Warrant of Fitness Check" that exercise professionals and facilities meet New Zealand and international standards to deliver exercise advice and instruction. REPs is affiliated globally to other national exercise professional registers representing over 70,000 exercise professionals through the International Confederation of Registers for Exercise Professionals (ICREPs) - [www.icreps.org](http://www.icreps.org).

