

REPs Registered Yoga Teacher Frequently Asked Questions (FAQs)



Q. What are the REPs qualification requirements to register as a yoga teacher?

A. After a comprehensive consultation process, it was determined that the core qualification requirement is a RYT200 qualification. This is also well recognised internationally as the core competency to deliver yoga.

Q. What if I don't hold a RYT200 qualification? Can I register as a yoga teacher?

A. Yes. REPs has put in place a verification process for those who hold appropriate yoga teacher knowledge, competency and skill, but who don't hold a RYT200 qualification. A REPs independent assessor will undertake a verification process to match the yoga teacher's knowledge, competency and skill against the REPs yoga teacher registration level.

The independent assessors we use have significant yoga industry knowledge and skill, so are experienced to verify competency to teach yoga.

Q. Is there a cost to undertake the REPs Verification Process?

A. Yes but free until 30 January 2018 - The good news is that REPs is **covering the cost of the verification fee** until 30 January 2018 for all yoga teacher registration applications requiring the verification process. REPs uses independent assessors to undertake this verification process and the fee covers the cost of undertaking the verification. The verification fee is normally \$200 inc gst.

Q. What are REPs First Aid requirements?

A. As we follow industry best practice, and to meet Work Safe New Zealand expectations to ensure the health and safety of participants in yoga classes, registered yoga teachers are required to hold either a CPR certificate if operating exclusively from the premises of a REPs registered exercise facility, or in all other instances a current comprehensive first aid certificate.

To view our full first aid policy, please go online to www.reps.org.nz/firstaid.

Q. What are the ongoing education requirements for registration?

A. Registered yoga teachers undertake regular Continuing Professional Development (CPD) to ensure they remain up to date with the latest research, knowledge, and evidence-based best practice to deliver safe yoga classes. At your first re-registration in September 2018, you will show evidence that you have completed the equivalent of one day of assessed education in the registration year (our registration year runs 1 October to 30 September).

For registered yoga teachers, in addition to courses/workshops that have been allocated REPs CPD points, the good news is that REPs also has a mechanism to recognise relevant yoga training that is to a high calibre, but is not necessarily in a traditional workshop/event format.

Q. Is yoga teacher registration compulsory?

A. While there is no New Zealand law requiring yoga teachers to be registered, REPs registration is the recognised standard which provides recognition and protection for yoga teachers. REPs was established in New Zealand in 2003, and is recognised as the industry standard by a number of key organisations including the NZ Ministry of Health, the Accident Compensation Corporation (ACC), and the Inland Revenue Department for the SMEAEP stress management exercise programme.

REPs is a founding member of the International Confederation of Registers for Exercise Professionals (ICREPs), whose combined exercise professionals represent over 210,000 from around the world.

Q. What benefits does yoga teacher registration include?

A. REPs registration provides recognition of yoga by a New Zealand based organisation committed to supporting yoga and all forms of exercise in New Zealand.

REPs registration provides yoga teachers with a clear and marketable independent quality mark. If you are a professional operating in any industry you should register with your professions registration body, and it enables the public to find suitably qualified yoga teachers. This also ensures that the registration body can collectively promote the benefits of using professionals in that industry – which in this case is you!

REPs registration provides a number of additional benefits including professional insurance cover for yoga teacher contractors (statutory liability, public liability, and professional indemnity cover), and recognition by various government agencies including Inland Revenue for the purposes of tax deduction of stress management delivered programmes (SMEAEP).

Registration also provides access to continuing professional development (CPD) education opportunities delivered as workshops, and in online formats. This includes the opportunity to participate in the world class annual FitEx industry conference at significantly reduced rates exclusively for REPs registered exercise professionals.

Q. Is registration an annual process?

A. Yes. Registered yoga teachers re-register annually in September. At re-registration yoga teachers confirm the CPD they have undertaken, their current first aid/cpr certification, and complete an insurance declaration if registered as a contractor. An annual registration fee is payable.

Q. What is the cost of yoga teacher registration?

A. Yoga teacher registration is available with or without professional insurance cover dependent upon whether the teacher operates as a contractor. For yoga teachers who operate from a registered exercise facility (this is a facility that undertakes to only use the services of REPs registered yoga teachers and exercise professionals), the annual registration fee can be as low as \$68 per year. For those who are contractors with insurance included, the registration fee ranges from \$147 through to \$194 per year. There is also an application fee of \$57.50 for new or expired registration applications.

Q. Can I pay my registration fee by monthly payments?

A. Yes. We offer a monthly direct debit payment option for those who prefer to spread their payments over the registration year. So long as the monthly payments are made on time, there are **no additional costs** to paying monthly by direct debit.

Q. I am already REPs registered. Can I add yoga teacher registration as well?

A. Yes. If you are already REPs registered at one of our exercise prescription or group exercise levels, and hold yoga qualifications, you can add yoga teacher registration for no additional fee (Note: if you change your level to contractor the additional cost of insurance will apply). The verification fee as mentioned above will apply if your yoga qualification is not one that we automatically recognise.

Q. Is my yoga registration internationally recognised?

A. Yes (depending on the country). We have portability options in place with partner registers which means they recognise a full REPs New Zealand registration to meet the qualification requirements to register with them.
