



NZ Register of Exercise Professionals

PO Box 22374 Christchurch 8140  
www.reps.org.nz info@reps.org.nz  
Ph 0800-55-44-99

## Training and Assessment Options

### **Option 1 - Skills Active Workplace Based Training**

This process would involve completing workplace based training through Skills Active the Industry Training Organisation (ITO) for Exercise in New Zealand. The training process will confirm you hold the relevant knowledge and skill towards being issued the relevant NZ certificate which is a REPs Recognised Initial Qualification and would meet the initial education requirements of REPs Registration when successfully issued to you. REPs can give consideration to a provisional registration while you complete this process – and this will be considered on a case by case basis.

Skills Active Contact Details:

Phone: 0508 4SKILLS (475 4557)

Email: info@skillsactive.org.nz

Website: <https://www.skillsactive.org.nz/home/about-us/our-organisation/our-team/?filterTeam=23&filterRegion=>

### **Option 2 - Skills Active - New Zealand Certificate in Exercise (Level 4) Supplementary**

IF you hold one of these older qualifications:

- National Certificate in Fitness - Exercise Consultant (Level 3)
- National Certificate in Fitness - Personal Training Business Skills (Level 4)
- OR an equivalent or higher qualification in exercise

THEN you are eligible for our online upgrade process to grow your skills and achieve the new Level 4 Certificate. Essentially someone who is able to provide evidence of meeting all the skills and knowledge covered by the new qualification, and has been working at this level for more than a year or 2, can complete the Supplementary programme and gain the NZ Certificate in Exercise level 4.

This is process of confirming you hold the relevant knowledge and skill towards being issued the **New Zealand Certificate in Exercise (Level 4)** - which is a REPs Recognised Initial Qualification and would meet the full requirements of REPs Registration when successfully issued to you. You can contact Skills Active directly as they can assist you with getting signed on or discussing the details of what would be involved. This process would result in you holding a REPs Recognised Initial Qualification. There is a fee associated with this process but the amount can be confirmed with Skills Active directly.

Skills Active Contact Details:

Phone: 0508 4SKILLS (475 4557)

Email: info@skillsactive.org.nz

Website: <https://www.skillsactive.org.nz/home/about-us/our-organisation/our-team/?filterTeam=23&filterRegion=>

### **Option 3 - REPs Independent Verification or Degree Verification Process (IVP or DVP)**

Undertaken with the REPs Independent assessor - would not result in a qualification being issued to the individual - the process would provide a confirmation to REPs of meeting the knowledge, skills and competencies required to meet the national standards for exercise delivery at the applicable levels. This does have a fee of \$165.00 and this pathway is subject to registrar approval once you application is received.

We can give consideration to a provisional REPs Registration while undertaking either of these options, as long as the other registration requirements are all meet.